

Keahiakahoe Canoe Club presents...

Con3 Run

Sponsored by 

He'eia Kea Pier / Kahana Beach Park
Saturday, February 14, 2009

Registration: 8:00 – 9:00 am (He'eia Kea Pier)

Race Fee: \$25.00 per paddler

Long Course – He'eia Kea Pier to Kahana Bay

Short Course – Kualoa Beach Park to Kahana Bay

Awards will be given to 3 males and 3 females in each division

Divisions Juniors 15-18 / Open / Master 40-49 / Sr. Master 50-59 /
Golden Master 60+

Long Course – OC-1 / OC-2 / Surf Ski / V-1

Short Course – OC-1 / OC-2 / Surf Ski / SUP

Weather Permitting – If there are any changes of the course due to the weather, it will be announced by 8:00pm Thursday 02/19/09 via Keahiakahoe.com then click on coaches messages.

V-1 Clinics with Tahitian Champions on Monday 2/09, Tuesday 2/10, and Thursday 2/12. Sign ups will be announced on Keahiakahoe.com on Monday 2/02.

*Entry fee includes Food, Awards and Prizes to be held at
Kahana Beach Park following the race.*

*For more information contact Kamu Lau at (808) 222-5434
or email inquiries to ikaika@keahiakahoe.com*