



## Hinano-Kialoa Coastal Relay - Saturday May 21, 2016

### RACE DAY REGISTRATION AT MUDDY WATERS ESPRESSO IN AIKAHI PARK SHOPPING CENTER

- 7:00-8:30 a.m. Registration at Muddy Waters Espresso in Aikahi Park Shopping Center, near Safeway.
- 9:30 a.m. Long Course start for Male 19-39 and 40-54
- 9:00 a.m. Long Course start for all other divisions
- 10:30 a.m. Short Course start
- Pre-registration online cost per paddler: \$40.00 (\$360.00 for OC-6 teams and \$180.00 for OC-3 teams) at [www.flpreregister.com](http://www.flpreregister.com) until midnight on Thursday May 19<sup>th</sup>.
- Late registration per paddler: \$50.00 (\$480.00 for OC-6 and \$240.00 for OC-3)

Lunch and awards immediately following in Kapiolani Park.

### Divisions & Crafts

All crafts and divisions as per Kanaka Ikaika standards. Age division is based on the youngest member of team:

- **Long Course:** OC-1, Surfski, V-1 (2 or 4 person relay division), OC-2, SS-2 (4 or 8 person relay division), OC-6 (12 persons), OC-3 (6 persons).
- **Short Course:** OC-1, Surfski, V-1, SUP (open board class), Prone (open board class), OC-2 and SS-2, OC-6 (12 persons), OC-3.
- **Categories for OC-1, Surfski-1, V-1, SUP and Prone:**
  - Male: Open (top 3), Junior, 19-39, 40-54, 55-64, 65+
  - Female: Open (top 3), 44 and under, 45 and older
  - Mixed: Open
- **Categories for OC-6, OC-3, OC-2 and Surfski-2**
  - Male, Female and Mixed: No age groups. Open division only

### Course

- Long Course: Castle Point outside canal in Kailua Bay to Kaimana Beach (course is broken into four legs)
- Short Course: Makapuu to Kaimana Beach (course is broken into two legs)

#### Leg 1 (Long Course):

- Male 19-39 and 40-54: The start will be at the mouth of the Pinky's canal and will go out around Bird Island, to Sandbags in Lanikai - 6 miles.
- All other divisions will go straight through Kailua Bay to the transition point at Sandbags in Lanikai - 4 miles.

#### Leg 2 (Long Course):

- Male 19-39 and 40-54: From Sandbags in Lanikai, split the Mokolua Islands to Makai Pier (AROUND THE JETTY)- 7 miles
- All other divisions will go straight through Waimanalo Bay (6 miles)

#### Leg 3 (Start of Short Course): Maikai Pier to Hawaii Kai Bath House - 9.5 miles

#### Leg 4: From Hawaii Kai Bath House to Kaimana beach (AROUND BLINKER BUOY)- 8.5 miles

